

WISDOM FROM THE DYING

What YOU Need to Know About
Living Before It's Too Late



GAIN INSIGHT INTO:

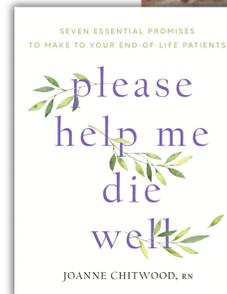
Telling Yourself the Truth: *3 Ways to Live Authentically in a Shifty World (and experience peace at the end).*

Living Courageously: *What the dying want you to know about dealing with fear (and it's not what you might think!)*

The Relationship Factor: *The Healing Power of Intimacy (and in the end, that's all that counts...) 3 Intimacy Builders that will Strengthen Any Relationship.*

Flipping the Script on Regret: *5 things you can do today that will transform your life and prevent regret at the end.*

Grief, The Gift That Nobody Wants: *The Positive Side of Grief (Really!)*



JoAnne Chitwood

JoAnne Chitwood is a registered nurse, author, speaker, retreat leader, and trauma counselor. Her special skill is in inspiring those facing the most difficult circumstances in life to find courage and meaning in what they are experiencing. In fact, in her nearly forty years as a hospice nurse, JoAnne has helped thousands of health-care workers, patients, and families navigate end-of-life challenges with strength, grace, and confidence

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